

Name of Young Carer
Address
Postcode
Telephone
Contact Person
Email address
Name of person referring
Job title
Organisation
Telephone
Email address
Send to:
Freepost RRZU-YZEE-CCTR Halton Carers' Centre
62 Church Street
Runcorn WA7 1LD

Halton Carers' Centre

62-64 Church Street | Runcorn | WA7 1LD Tel: 01928 580182

Peelhouse Family Centre | Peelhouse Lane Widnes | WA8 6TJ Tel: 0151 257 9673

Email: help@haltoncarers.co.uk

www.haltoncarers.co.uk



HALTON Halton and St Helens

Helens

Spoke

& heard

Holton Young Carers

Halton Carers' Centre is a registered Charity. No.1124493 Company Limited by guarantee. No. 06574889



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What is a **Young** carer

A Young Carer is someone under the age of 18 who helps look after someone in their family, or friend, who is ill, disabled or misuse drugs or alcohol. Young Carers can access all our services as follows:

- Information and advice
- Therapies 14yrs+
- Day trips
- 1.1 review meetings in School with support workers
- Newsletters
- Facebook
- Working closely with lead professional within School
- Access to a Young Carers assessment
- Carer break funding
- Holiday Club
- First aid training 10yrs+

Support for

Day trips are put on during half term holidays for Young

Carers to go along to and meet other Young Carers and have a fun day out.

Young Carers can attend our "Holiday Club" which takes place during half term holidays. This is for Young Carers aged between 4- 11 who need additional support to progress their social and emotional development. There are lots of fun activities for the children to do throughout the day.

Young Carers can also attend the Spoken and Heard group for those aged between 12- 18. This is a focus group, as at times members will attend council meetings to give their opinions about Young Carer matters and will participate in local services.

Contact us on 01928 580182 or 0151 257 9673

LOTTERY FUNDED

www.haltoncarers.co.

Schools

Halton Carer Centre is raising awareness in all Schools in Halton, and aims to identify a lead professional within each School. It is important that Young Carers are encouraged to speak to the lead within their School. We offer drop in days where we can register and review Young Carers.

Raising awareness for professionals

We want to ensure that young carers get support from all the different

adults in their lives. We offer young carer awareness sessions to other organisations in Halton so they know what issues young carers face and what support is available.

If you are a professional who would like to refer a young carer to our services, you can do so via telephone or email. Alternatively you can complete the slip overleaf and send to the FREEPOST address.